

### *Morning Nourishment*

**John** Jesus said to them, I am the bread of life; he who comes

**6:35** to Me shall by no means hunger, and he who believes into Me shall by no means ever thirst.

**48** I am the bread of life.

**57** ...He who eats Me, he also shall live because of Me.

Some may consider the thought of enjoying God to be unusual, but the Bible clearly says... that we should taste and see that Jehovah is good [Psa. 34:8]. The Lord Jesus also said that He is our food; He is the bread of life. Because food is an enjoyment to us, His being food and bread must mean that He can be enjoyed by us.

A sweet thought recorded in the Word of God is that God is not only near us but that He has even given Himself to us to be our enjoyment. This shows the intimate relationship God has with us.

The Bible shows that God gives Himself to us for our enjoyment and works Himself into us. He can enter into us to be our life, our strength, our food, and our living water. He can meet the need of every part of our being. Those who have experienced God know that He is truly our enjoyment. We can enjoy God in His sovereign arrangements and provisions, and we can enjoy Him as the varied supply to our inward being. (*How to Enjoy God and How to Practice the Enjoyment of God*, pp. 7-8)

### *Today's Reading*

God's intention in His creation of man was that man would take Him in and express Him. Taking in God and expressing God should be man's joy and amusement. Man's happiness and entertainment must be God Himself, and this is not an objective God but a subjective God. To take God in and to live God out is man's joy...God created man with the need for amusement. But our amusement must be God Himself. Because people have lost God, they seek entertainment by going to the movies, theater, and various sporting events. They have not found the fulfillment of their need for entertainment in God Himself. God Himself is the unique fulfillment of our need for entertainment. (*The Exercise of the Kingdom for the Building of the Church*, p. 58)

God wants to enter into man to be man's life that He and man might have the same life, the same nature, and the living of the same kind of being—a God-man.... This is what God has planned and ordained for man.... How can God achieve His purpose?... In order for something, such as chicken, to come into us to be our element and to be one with us, we have to eat it, digest it, and assimilate it. This is the way it becomes our blood, our cells, and our essence.

With a view to this, the Lord said, "I am the bread of life.... He who eats Me, he also shall live because of Me" (John 6:48, 57b). Only by eating the Lord can we receive God into us as our content. Not only do we need to understand, apprehend, know, love, believe, follow, and worship the Lord; even more we need to eat Him. (*The Lord's Recovery of Eating*, pp. 7-8)

Whenever we draw near to God, He presents Himself to us as ...food for our satisfaction,...for our enjoyment. Fallen man, however, is incapable of recognizing this.

All of God's children should focus on this matter... After creating Adam, God did not say, "You must worship Me in this way," or "You must serve Me in that way." On the contrary,... God placed him in front of the tree of life. God seemed to be saying, "Adam, come here. Just enjoy. I am the tree of life, and I am here for you to enjoy Me. I have no intention for you to do this or that for Me. I have no desire for you to serve or worship Me in this or that way. I only want to present Myself to you as food. My only desire is for you to enjoy Me."

As God's children, we need to change our concept and see that God's only desire is to give Himself to us to be our enjoyment. The secret of the Christian life is not how much we work for Him but how much we enjoy Him. It is not what we do for Him but how we enjoy Him. We must learn this secret. There is no need for us to worry about doing this or that. We need to learn to simply turn our inner being to enjoy God. (*How to Enjoy God and How to Practice the Enjoyment of God*, pp. 21, 29)

*Further Reading: How to Enjoy God and How to Practice the Enjoyment of God*, chs. 1-4

**Enlightenment and inspiration:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_