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Morning Nourishment

Rom. ...If Christ is in you, though the body is dead because 8:10-11 of sin, the spirit is life because of righteousness. And if the Spirit of the One who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who indwells you.

Matt. Give us today our daily bread. 6:11

We should not expect to have a spectacular time each day in receiving the divine dispensing. I recently spoke a word to the trainees in the full-time training concerning their daily spiritual life. I told them not to expect to have a spectacular result in their Christian life. We should forget about having something spectacular. We must learn to be satisfied with ordinary days which are filled with regular and normal practices in the divine dispensing In the morning we should have some time with the Lord to touch Him and be revived by Him. Then we need to pass through a daily routine to get ready for work. To live a life in the divine dispensing in a normal way will make us healthy both physically and spiritually. Whether or not we have good or bad days is not up to us; it is up to His sovereignty. He has already chosen us, and it is too late to turn back. We are blessed because the processed and consummated Triune God is within us. He is in us, not in a spectacular way but in a very ordinary way. (The Divine Dispensing for the Divine Economy, p. 37)

Today's Reading

We should be blessed to be satisfied with ordinary days in the divine dispensing. The Triune God is certainly in us, but His being in us is not spectacular. Every day He is within us dispensing and positively strengthening and encouraging us. In the last three years, I have experienced many troubles, yet nothing has disturbed me. I have published more messages, I have visited more places, and I have held more conferences. However, this is not because I have had spectacular days. I have just lived an ordinary life of receiving His dispensing. The Epistles reveal that the work of

Christ within us is a fine work of dispensing....Our Father God has destined that we live in an ordinary way under His continual dispensing. (*The Divine Dispensing for the Divine Economy*, pp. 37-38)

I hope that all the brothers and sisters, whether old or young, whether they were saved recently or have served the Lord for a long time, would all see a vision. Today, God has no intention for us to do anything by ourselves. It is true that whatever He wants us to do we should do. But God wants us to do everything by depending on Him, by taking Him as life, and by allowing Him to dispense Himself into us. When we enjoy Him and experience Him, we can express Him. This is what God is after. (A Deeper Study of the Divine Dispensing, p. 174)

The creation of man in God's image is for the dispensing of God into man. After man was created, God placed him in front of the tree of life (Gen. 2:8-9). Then immediately, God warned man about his eating (vv. 16-17). If man ate of the tree of life, he would live; but if he ate of the tree of the knowledge of good and evil, he would die. The tree of life signifies God Himself. Today, God is our food; He is edible. In John 6 Jesus said that He was the bread of life (vv. 35, 48), and in verse 57 He said, "As the living Father has sent Me and I live because of the Father, so he who eats Me, he also shall live because of Me." We need to eat Jesus.

To be a Christian is more than just repenting of our sins, receiving the forgiveness of sins, being washed by the blood, being justified, and being regenerated. The Christian life also includes growth and maturity. In order to go on from regeneration to maturity, we must eat. Regeneration is the beginning of our spiritual life, but we need to eat after our regeneration. No one can grow without eating. We must eat, digest, and assimilate food daily. Assimilation is the final step of food being dispensed into our being. We need to eat, digest, and assimilate Jesus as our spiritual food day by day. (The Divine Dispensing for the Divine Economy, p. 10)

Further Reading: The Enjoyment of Christ for His Increase, ch. 2; Eating the Lord, chs. 1-2

Enlightenment and inspiration:	